



Immediate Denture Instructions

1. **Review** extraction post-operative instructions for care of extraction site
2. **Carefully** follow these steps in order.
 - Day 1 (Day of surgery - first 24 hours after surgery)
 - o a. Keep dentures in for 24 hours
 - o b. Do not rinse or spit.
 - Day 2 & 3 (24 - 72 hours after surgery)
 - o a. Remove dentures 3 times a day to rinse them off.
 - o b. While the dentures are out rinse your mouth gently using a glass of warm salt water (1/2 teaspoon per cup).
 - Day 4 - 30
 - o a. Same regiment as day 2 & 3, however now rinse with a little more force.
 - o b. Use your finger tip to gently rub your oral tissues and rinse your mouth each time you take your dentures out.
 - o c. Brush and floss your remaining teeth (if any), 2 times a day; be gentle around the extraction sites.
 - o d. Follow with the chlorhexidine rinse. (continue using until day 7)
 - o e. Replace the dentures immediately. Do this for one week.
 - o f. Continue rinsing and cleaning in this manner for 30 days. (note; you can stop the chlorhexidine at day 7)
3. **Care of remaining teeth / Cleanliness and healing** - The teeth should be given their usual care. Brush and floss two times a day. Don't clean the extraction sites.

*For the first week you will wear your dentures 24 hours a day. After the first week you will wear them 16 hours a day or less.